

Fibre System Plus™

A gentle, ten-day gastrointestinal cleanse*

- Contains 24 herbal ingredients to provide thorough, yet comfortable, intestinal cleansing and purification*
- Provides an excellent gastrointestinal cleanse to start any nutritional regimen*
- Features cascara sagrada, frangula, prunes, pineapple, papain, and bromelain

What Is Fibre System Plus?

Fibre System Plus is a ten-day cleansing program that supports healthy digestive function and regularity. It features key herbs that promote a thorough internal cleanse by supporting the eliminative functions of the digestive system. Each packet contains six capsules that combine the cleansing and nutritional benefits of psyllium husk, cascara sagrada, black walnut, gentian root, cranberry fruit, prunes, papain, bromelain, and other healthy ingredients.*

Key Features

- Contains 25 herbal ingredients to provide thorough intestinal cleansing and purification*
- Provides an excellent gastrointestinal cleanse as preparation for any nutritional regimen*
- Promotes the eliminative function of the digestive system*
- Supports healthy digestive function and regularity*

Primary Support:

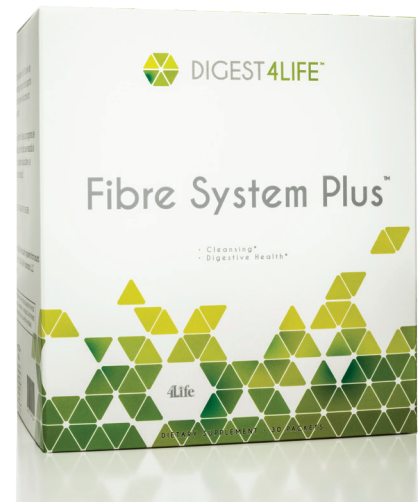
Cleansing & Detox*
Digestive Health*

Secondary Support:

Weight Management*

Did You Know?

In addition to the proprietary fiber and cleansing blends, Fibre System Plus also contains proprietary nutrition and herbal blends that promote a healthy environment for friendly flora and help maintain digestive system health.*



DIRECTIONS: Take the contents of one packet 30 minutes before meals three times daily for ten days. For best results, use Fibre System Plus™ twice per year.

Supplement Facts

Serving Size: One (1) Packet
Servings Per Container: 30

Amount Per Serving	%DV*
Fiber Blend	1450 mg †
Psyllium (<i>Plantago ovata</i>) husk	
Rice (<i>Oryza sativa</i>) seed bran	
Apple (<i>Malus domestica</i>) fruit fiber	
Slippery Elm (<i>Ulmus rubra</i>) inner bark	
Prune (<i>Prunus domestica</i>) fruit	
Marshmallow (<i>Althaea officinalis</i>) root	
Locust (<i>Ceratonia siliqua</i>) bean gum	
Xanthan Gum	
Cleansing Blend	690 mg †
Black Walnut (<i>Juglans nigra</i>) hull	
Cascara Sagrada (<i>Rhamnus purshiana</i>) bark	
Gentian (<i>Gentiana lutea</i>) root	
Licorice (<i>Glycyrrhiza glabra</i>) root	
Buckthorn (<i>Rhamnus frangula</i>) bark	
Nutrition Blend	550 mg †
Cranberry (<i>Vaccinium macrocarpon</i>) fruit	
Pineapple (<i>Ananas comosus</i>) fruit (bromelain)	
Papaya (<i>Carica papaya</i>) fruit (papain)	
Sage (<i>Salvia officinalis</i>) leaf	
Parsley (<i>Petroselinum crispum</i>) aerial part	
Irish Moss (<i>Chondrus crispus</i>) whole plant	
Bee Pollen	
Spirulina (<i>Spirulina spp</i>)	
Herbal Blend	155 mg †
Ginger (<i>Zingiber officinale</i>) root	
Hops (<i>Humulus lupulus</i>) flower	
Chamomile (<i>Matricaria recutita</i>) flower	

* Daily Value † Daily Value not established

OTHER INGREDIENTS: Gelatin capsule and magnesium stearate.

CONTAINS INGREDIENTS FROM TREE NUTS AND BEE POLLEN.

Ordering Information

Item #7190—30 packets

Notice: This product contains cascara sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, abdominal pain, or intestinal inflammation. Consult with your physician if you have frequent diarrhea. If you are pregnant, nursing, taking medication, or have a medical condition, consult with your physician before using this product.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.